

## **Letter-Qualifying Standards for Swimming, set forth October 1992, modified July 2022**

The following is required by the Elko Swim Team as the swimmer requirements to qualify for a high school Swim Club letter:

1. Qualify as a member of the Elko Swim Team.
2. Attend a minimum of 50% of scheduled practices throughout a minimum of two (2) seasons. Seasons are defined as:
  - Season 1: May 1 – Aug 31
  - Season 2: Sept 1 – Dec 31
  - Season 3: Jan 1 – April 30
3. Attend a minimum of five (5) meets during the Swim Year (May 1 – Apr 30). The athlete must swim a minimum of three (3) legal events per meet, two (2) of which must be swam as individual events. The athlete must participate in practice during the two weeks preceding each qualifying meet.
4. Any Championship meet, or meet requiring a qualifying time, will count towards the five (5) meet minimum, even if three (3) events are not swum at said meet.
5. Display good sportsmanship, citizenship, and conduct at meets and on trips as determined by the coach.
6. Meet all school and state requirements for conduct and eligibility standards outlined in the high school student handbook. Violations will result in appropriate action taken by the executive committee and ineligibility for a letter award.
7. All swimmers must swim, and establish, a time in three of the five strokes over the course of a swim year (freestyle, breaststroke, backstroke, butterfly and individual medley).
8. Swim Year for High School swimmers is defined as: May 1<sup>st</sup> of the previous year through April 30<sup>th</sup> of the year attempting letter qualification.